

Beef & Noodle Bake

(Adele Jardine)



Ingredients

- 1 Lb. Lean Ground Beef
- 1 Onion - Chopped
- 3 C. Broad Egg Noodles - Uncooked
- 2 C. Frozen Vegetables (Combined w/ Green Giant Asian Veg)
- 1 Can Cream of Mushroom Soup
- 1 C. Milk
- 1 C. Water
- 1 ½ C. Shredded Tex-Mex Cheese

Method

1. Preheat oven to 375 F
2. Brown meat with onion, drain
3. Spoon over noodles in 9 x 13 pan & top w/ vegetables.
4. In a separate bowl, whisk together soup, milk & water until well blended and pour over noodles & meat.
5. Top with cheese and bake for 35 minutes until heated through and noodles are soft.